



SALAD BAR SELECTION DAILY	DAILY FAVES	HOT FAVES	VEGGIE/ MEAT FREE	SIDES	PICK A PUD	HEALTHY EXTRAS	MORNING SNACK	SOUP OF THE DAY
MONDAY	Chicken Korma	Jacket Potatoes Selection of hot fillings	Vegetable and Chick Pea Curry	Rice Green Beans Sweet corn Naan Bread Raita	Date Cake and Toffee Sauce	FRESHLY PREPARED SALAD BAR SELECTION OF WHOLEMEAL AND SEEDED BREADS WIDE SELECTION OF FRUIT AND LOW FAT YOGHURTS HYDRATION STATION - TRY OUR INFUSED WATER	Selection of Fresh Fruit Apple Flapjack	Soup of the Day
TUESDAY	Beef Chilli	Enchilada's	Three Bean and Vegetable Chilli	Baked Potato Wedges Salsa, Sour Cream Tortilla Crisps	Assorted Fruit Cheesecakes		Selection of Fresh Fruit Sticky Toffee Cake	Soup of the Day
WEDNESDAY	Traditional Roast Pork Stuffing Gravy	Stuffed Field Mushrooms	Pasta Roasted Vegetable and Tomato Sauce	Roasted Potatoes Steamed Cabbage Medley of Vegetables	Fudgy Beet Chocolate Brownies		Selection of Fresh Fruit Rice Crispy Cakes	Soup of the Day
THURSDAY	Chicken Pie	Salmon Fillets with Soy and Ginger	Butternut Squash, Spinach and Butter Bean Pie	New Potatoes Steamed Broccoli Carrots	Fruit Platter		Selection of Fresh Fruit Chocolate Crunch	Soup of the Day
FRIDAY	Pizza Bar	Jacket Potatoes Selection of fillings	Pizza Bar	Corn on the Cob Spiral Fries	Apple Upside down cake and Custard		Selection of Fresh Fruit Oat and Sultana Squares	Soup of the Day

IF YOU DON'T FANCY DESSERT, WHY NOT TRY OUR FRUIT AND YOGHURT BAR?

DID YOU KNOW... ALL OUR FRESH MEAT IS FROM A LOCAL FAMILY BUTCHER

TRY OUR SOUP OF THE DAY, SERVED WITH FRESH BREAD

OUR DISHES INCLUDE EXTRA HIDDEN VEGETABLES TO INCREASE THE NUTRITIONAL CONTENT

IF YOU HAVE ANY ALLERGY REQUIREMENTS, PLEASE LOOK OUT FOR AN ALLERGEN BUDDY

