IF YOU HAVE AN ALLERGY PLEASE LOOK OUT FOR OUR ALLERGEN BUDDIES

ALL OUR CHICKEN, EGGS AND MILK ARE RED TRACTOR APPROVED

IF YOU DON'T FANCY DESSERT, WHY NOT TRY OUR FRUIT AND YOGHURT BAR?

SALAD BAR SELECTION DAILY	DAILY FAVES	HOT FAVES	VEGGIE/ MEAT FREE	SIDES	PICK A PUD	HEALTHY EXTRAS	MORNING SNACK	SOUP OF THE DAY
MONDAY	Pork Meat Balls Italian Tomato Sauce	Jacket Potatoes with a choice of fillings	Roasted Mediterranean Vegetable Stew	Penne Pasta Steamed Peas Parmesan Cheese	Fruit Crumble and Custard	FRESHLY PREPARED SALAD BAR SELECTION OF WHOLEMEAL AND SEEDED BREADS WIDE SELECTION OF FRUIT AND LOW FAT YOGHURTS HYDRATION STATION - TRY OUR INFUSED WATER	Selection of Fresh Fruit Chocolate Chip Shortbread	Soup of the Day
TUESDAY	Tandoori Chicken	Vegetable Samosa Chick pea Chana	Sweet Potato Curry	Jewelled Rice Poppadum's Mango Chutney Riata	Banoffee Pie		Selection of Fresh Fruit Flapjack	Soup of the Day
WEDNESDAY	Roast Beef Yorkshire Pudding Gravy Horseradish Sauce	Selection of Made to Order Omelettes	Quorn Roast	Roast Potatoes Steamed Garden Peas Carrot Batons	Fruit Platter		Selection of Fresh Fruit Lemon Drizzle Cake	Soup of the Day
THURSDAY	Shepherd's Pie	Flat Breads Topped with Tomato, Feta and Basil	Vegetable Hotpot	Steamed Broccoli Florets Sweetcorn	Steamed Jam Sponge and Custard		Selection of Fresh Fruit Fairy Cakes	Soup of the Day
FRIDAY	Cajun Chicken and Roasted Vegetable Wraps	Jacket Potatoes with a choice of fillings	Cajun Halloumi And Roasted Vegetable Wraps	Chips Corn on the Cob Salsa Sour Cream Guacamole	Ice Cream With Winter Berries		Selection of Fresh Fruit Rocky Road	Soup of the Day

OUR DISHES INCLUDE EXTRA HIDDEN VEGETABLES TO INCREASE THE NUTRITIONALCONTENT

ALL OUR FRESH MEAT IS SOURCED FROM A LOCAL FAMILY BUTCHERS