



IF YOU HAVE AN ALLERGY PLEASE LOOK OUT FOR OUR ALLERGEN BUDDIES



| SALAD BAR SELECTION DAILY | DAILY FAVES | HOT FAVES | VEGGIE/ MEAT FREE | SIDES | PICK A PUD | HEALTHY EXTRAS | MORNING SNACK | SOUP OF THE DAY |
|---------------------------|---------------------------------------|---|---|--|------------------------------------|---|--|-----------------|
| MONDAY | Chicken Korma | Jacket Potatoes Selection of hot fillings | Vegetable and Chick Pea Curry | Rice Green Beans Sweet corn Naan Bread Raita | Date Cake and Toffee Sauce | FRESHLY PREPARED SALAD BAR SELECTION OF WHOLEMEAL AND SEEDED BREADS WIDE SELECTION OF FRUIT AND LOW FAT YOGHURTS HYDRATION STATION - TRY OUR INFUSED WATER | Selection of Fresh Fruit Shortbread | Soup of the Day |
| TUESDAY | Beef Chilli | Enchilada's | Three Bean and Vegetable Chilli | Baked Potato Wedges Salsa, Sour Cream, Tortilla Crisps | Assorted Fruit Cheesecakes | | Selection of Fresh Fruit Ginger Cake | Soup of the Day |
| WEDNESDAY | Traditional Roast Pork Stuffing Gravy | Stuffed Field Mushrooms | Pasta Roasted Vegetables and Tomato Sauce | Roasted Potatoes Steamed Cabbage Medley of Vegetables | Fudgy Beet Chocolate Brownies | | Selection of Fresh Fruit Cookie | Soup of the Day |
| THURSDAY | Chicken Pie | Salmon Fillets with Soy and Ginger | Butternut Squash, Spinach and Butter Bean Pie | New Potatoes Broccoli Carrots | Fruit Platter | | Selection of Fresh Fruit Iced Vanilla Sponge | Soup of the Day |
| FRIDAY | Pizza Bar | Jacket Potatoes Selection of fillings | Pizza Bar | Corn on the Cob Spiral Fries | Apple Upside down cake and Custard | | Selection of Fresh Fruit Oat Biscuits | Soup of the Day |

ALL OUR CHICKEN, EGGS AND MILK ARE RED TRACTOR APPROVED



IF YOU DON'T FANCY DESSERT, WHY NOT TRY OUR FRUIT AND YOGHURT BAR?



OUR DISHES INCLUDE EXTRA HIDDEN VEGETABLES TO INCREASE THE NUTRITIONAL CONTENT



ALL OUR FRESH MEAT IS SOURCED FROM A LOCAL FAMILY BUTCHERS

